

Important Milestones: Your Baby at Two Months

How your child plays, learns, speaks and acts will give you important clues about your child's development. Developmental milestones are things that a majority of children can do by a certain age.

Look at what your child has reached with their milestones and discuss this with your child's doctor next time you see them and find out what to expect next.

What most babies do at this age:

Social and Emotional

- Begins to smile at people
- Can briefly calm himself
- Tries to look at parent

Language/Communication

- Coos, makes gurgling sounds
- Turns head toward sounds

Cognitive (learning, thinking, problem-solving)

- Pays attention to faces
- Begins to follow things with eyes and recognize people at a distance
- Begins to act bored (cries, fussy) if activity doesn't change

Movement/Physical Development

- Can hold head up and begins to push up when lying on tummy
- Makes smoother movements with arms and legs

Act early by talking to your child's doctor if your child:

- Doesn't respond to loud sounds
- Doesn't watch things as they move
- Doesn't smile at people
- Doesn't bring hands to mouth

- Can't hold head up when pushing up when on tummy

If your concerned act early by telling your child's doctor or nurse if you notice any of these signs of being a possible developmental delay for their age.